

Get your FREE flu vaccine

Get vaccinated

Getting vaccinated before the flu season helps keep everyone well.

You can get vaccinated at your local GP, community health clinic, pharmacy or Aboriginal and Torres Strait Islander Health Service.

A flu vaccine is recommended every year for anyone over the age of 6 months.

You do not need a Medicare card to get a free flu vaccine if you live in Queensland.

In 2026, there is also a free nasal spray flu vaccine for children aged 2, 3, 4 and 5 years.

Why is vaccination important?

Flu is a very contagious virus that can make some people very sick. It can sometimes result in people having to go to hospital or dying.

People most at risk of getting very sick from flu are young children, older people, pregnant people, Aboriginal and Torres Strait Islander people and people with health conditions such as diabetes, lung or heart problems.

The flu vaccine is the best way to protect yourself and the people around you from the flu. It is especially important to protect people that are most at risk of getting very sick.

Need more information?

More information is available at [Vaccination Matters](#). You can also talk to your GP if you have any questions about getting the flu vaccine or call **13 HEALTH** on **13 43 25 84** and speak to a nurse. Ask for an interpreter if you need one.



You can find out more about the free flu vaccine, and resources in your language by searching 'flu facts qld' or using this QR Code below.

 **flu facts qld** to learn more



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